





# What can you recycle?

# ValleyRecycling



ITEMS	 ACCEPTABLE	 NOT ACCEPTABLE
<b>METAL CONTAINERS</b>	<ul style="list-style-type: none"> <li>All tin and aluminum cans &amp; lids</li> <li>Take out aluminum plates</li> <li>Clean foil</li> <li>Empty aerosol containers               <ul style="list-style-type: none"> <li>RINSE well</li> <li>REMOVE labels</li> <li>FLATTEN cans, if possible</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Paint cans</li> <li>Cans used for chemicals</li> <li>Scrap metal</li> <li><b>No Propane tanks &amp; cylinders</b></li> </ul>
<b>NEWSPAPERS, MAGAZINES, OFFICE PAPER</b>	<ul style="list-style-type: none"> <li>All newspapers, regular inserts &amp; flyers</li> <li>All magazines &amp; catalogues</li> <li>Glossy brochures</li> <li>Phone books</li> <li>Paper egg cartons &amp; moulded cardboard               <ul style="list-style-type: none"> <li>REMOVE sticky labels</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Foil &amp; non-paper gift wrap</li> <li>Paper towel</li> <li>Tissues</li> <li>Wax paper</li> <li><b>No Books</b></li> <li><b>No Stickers/Backing</b></li> </ul>
<b>CARDBOARD &amp; BOXBOARD</b>	<ul style="list-style-type: none"> <li>Most cardboard boxes</li> <li>Brown paper bags</li> <li>Boxboard (e.g. cereal, crackers, shoe boxes)</li> <li>Juice boxes &amp; juice containers               <ul style="list-style-type: none"> <li>REMOVE sticky labels</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Waxed cardboard</li> <li>Foam packaging</li> </ul>
<b>PLASTIC CONTAINERS</b>	<ul style="list-style-type: none"> <li>Plastic bottles, jugs, tubs &amp; trays</li> <li>Plastic caps, tops, lids &amp; pumps               <ul style="list-style-type: none"> <li>RINSE well</li> <li>REMOVE lids</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Disposable diapers</li> <li>Motor oil containers</li> <li>Bubble Wrap</li> <li><b>No hard/brittle plastic</b></li> <li><b>No Rubber Maid/Steralite</b></li> </ul>

## NOTES

- Please rinse contaminated materials (ie. dirty containers).
- Return deposit containers to depot for refund.
- Flatten bulky recyclables (cans, milk jugs, boxes).
- Different types of recyclables can be placed in the same container.
- **Foam packaging, glass, electronics, overwrap and plastic bags can be taken to approved recycling depots. For contact and location info, and material handling inquiries, please visit [recyclebc.ca/what-can-i-recycle/](http://recyclebc.ca/what-can-i-recycle/)**



**RECYCLEBC**

## OTHER NOT ACCEPTABLE ITEMS

- Foam packaging
- Glass
- Electronics
- Food/organics
- Liquids
- Wood, rubber or clothes
- Plastic bags & overwrap

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